

## Add to your heart protection plan today



Use this guide to talk to your doctor about how VASCEPA may help you reduce your **Persistent Cardiovascular Risk (P-CVR)**—the cardiovascular (CV) risk that remains even if you're taking a statin and managing CV risk factors. If you haven't already done so, make a doctor's appointment, and make it a point to ask your doctor if VASCEPA may be right for you.

### Step 1: Know your cardiovascular risks

Many different factors can elevate your risk for a CV event like a heart attack or stroke. Check all of the CV risk factors below that apply to you, then talk to your doctor to learn more about your individual risk level.

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Previous CV event(s) like heart attack or stroke | <input type="checkbox"/> Family history of CV disease | <input type="checkbox"/> High blood pressure                                 |
| <input type="checkbox"/> Diabetes   | <input type="checkbox"/> High cholesterol             | <input type="checkbox"/> High triglycerides                                  |
| <input type="checkbox"/> History of smoking                               | <input type="checkbox"/> Overweight/obesity           | <input type="checkbox"/> Age (45+ for men and 55+ for women)                 |
| <input type="checkbox"/> Kidney problems                                  | <input type="checkbox"/> Low physical activity        | <input type="checkbox"/> Problems with blood flow in your arms or legs (PAD) |

### Step 2: Tell your doctor what you're taking

Are the medicines and supplements you're taking doing enough for your heart health? Make a list, then ask your doctor. For example, fish oil supplements and medicines like Omega-3-acid ethyl esters, fenofibrates, and niacin are not FDA-approved to be taken with statins to reduce CV risk. If you take medicines that affect your blood clotting (anticoagulants or blood thinners), your doctor will want to monitor you. Serious bleeding can happen in people who take VASCEPA. Your risk of bleeding may increase if you are also taking blood thinner medicine.

## INDICATIONS AND IMPORTANT SAFETY INFORMATION

### WHAT IS VASCEPA?

VASCEPA is a prescription medicine used:

- along with certain medicines (statins) to reduce the risk of heart attack, stroke and certain types of heart issues requiring hospitalization in adults with heart (cardiovascular) disease, or diabetes and 2 or more additional risk factors for heart disease.
- along with a low-fat and low-cholesterol diet to lower high levels of triglycerides (fats) in adults.

It is not known if VASCEPA changes your risk of having inflammation of your pancreas (pancreatitis).

It is not known if VASCEPA is safe and effective in children.

### IMPORTANT SAFETY INFORMATION

#### WHO SHOULD NOT TAKE VASCEPA?

- Do not take VASCEPA if you are allergic to icosapent ethyl or any of the ingredients in VASCEPA.

#### WHAT ARE THE POSSIBLE SIDE EFFECTS OF VASCEPA?

VASCEPA may cause serious side effects, including:

- **Heart rhythm problems (atrial fibrillation and atrial flutter).** Heart rhythm problems which can be serious and cause hospitalization have happened in people who take VASCEPA, especially in people who have heart (cardiovascular) disease or diabetes with a risk factor for heart (cardiovascular) disease, or who have had heart rhythm problems in the past. Tell your doctor if you get any symptoms of heart rhythm problems such as feeling as if your heart is beating fast and irregular, lightheadedness, dizziness, shortness of breath, chest discomfort or you faint.

Please see additional Important Safety Information on the next page.

## Step 3: Have a heart-to-heart VASCEPA® conversation

When it's time to talk to your doctor about VASCEPA, think about some key questions to help you make the most of your appointment. Here are a few to get you started. Check the boxes below to help you keep track, and don't forget to take notes! If your visit is virtual, ask if any blood work is needed.

- |   |   |
|---|---|
| <input type="checkbox"/> If I'm already taking a statin, can VASCEPA give me added CV protection? | <input type="checkbox"/> Do I have to be on a statin to get the benefit of VASCEPA?                   |
| <input type="checkbox"/> Is there anything I should know about possible side effects?             | <input type="checkbox"/> How many VASCEPA capsules would I take, and how often?                       |
| <input type="checkbox"/> What could reducing my risk of a CV event by 25%* mean for me?           | <input type="checkbox"/> Is it okay to take other medications with VASCEPA, including blood thinners? |

\*In a clinical study, patients treated with VASCEPA had fewer cardiovascular events (17.2%) compared to those who took placebo (22%).

## Save now on VASCEPA

**Pay as little as \$9**  
for 90 days.\*



Expiration Date: 12/31/2020  
No Activation Required.

\*Limitations apply. See reverse side for details.  
Reimbursement limited to \$150 per month or \$450 on a 90 day fill.

Powered by:  
CHANGE HEALTHCARE  
BIN# 004682  
PCIN# CN  
GRP# ECVASCEPA  
ID# 59021139303

**Vascepa®**  
(icosapent ethyl)

Pharmacist and Beneficiary: When you use this card, you are certifying that you have not submitted and will not submit a claim for reimbursement under any Federal, State, or other, Governmental programs for this prescription.

VASCEPA is covered without restriction for the majority of patients. With the VASCEPA Savings Card, commercially insured patients can pay as little as \$9 for 90 days<sup>†</sup> (that's just \$3 per month!).

This VASCEPA Savings Card is active and ready to use. Present it to your pharmacist with your VASCEPA prescription to start saving now.

In order to redeem this offer, you must have a valid prescription for VASCEPA and either have commercial insurance or be paying cash. Follow the dosage instructions given by your doctor.

Subject to eligibility. Restrictions apply.

<sup>†</sup>May not be used to obtain prescription drugs paid for in part by Federal or State Healthcare Programs including Medicare, Medicaid, Medicare Advantage, Medicare Part D, Tricare, and VA. Not for use by VT residents, VT licensed medical professionals, patients under 18, where prohibited by law or patient's insurance plan, or where taxed or restricted. Maximum savings of \$150 per month or \$450 per 90 day supply. Eligible patients include those who participate in commercial insurance, through a healthcare exchange, or pay cash. Offer good through December 31, 2020.

## IMPORTANT SAFETY INFORMATION (continued)

### WHAT ARE THE POSSIBLE SIDE EFFECTS OF VASCEPA? (continued)

#### VASCEPA may cause serious side effects, including: (continued)

- **Possible allergic reactions if you are allergic to fish or shellfish.** Stop taking VASCEPA and tell your doctor right away or get emergency medical help if you have any signs or symptoms of an allergic reaction.
- **Bleeding.** Serious bleeding can happen in people who take VASCEPA. Your risk of bleeding may increase if you are also taking a blood thinner medicine.

If you have liver problems and are taking VASCEPA, your doctor should do blood tests during treatment.

The most common side effects of VASCEPA include:

- Muscle and joint pain
- Swelling of the hands, legs, or feet
- Constipation
- Gout
- Heart rhythm problems (atrial fibrillation)

These are not all the possible side effects of VASCEPA. Call your doctor for medical advice about side effects. You may report adverse events (i.e. side effects) or product complaints by calling 1-855-VASCEPA (1-855-827-2372), emailing [AmarinMI@druginfo.com](mailto:AmarinMI@druginfo.com), or calling the FDA at 1-800-FDA-1088.

Tell your doctor if you take medicines that affect your blood clotting (anticoagulants or blood thinners).

**For more information on VASCEPA, please see the enclosed Patient Information or call 1-855-VASCEPA (1-855-827-2372).**

## PATIENT INFORMATION

### VASCEPA® (pronounced vas-EE-puh) (icosapent ethyl) capsules

#### What is VASCEPA?

VASCEPA is a prescription medicine used:

- along with certain medicines (statins) to reduce the risk of heart attack, stroke, and certain types of heart issues requiring hospitalization in adults with heart (cardiovascular) disease, or diabetes and 2 or more additional risk factors for heart disease.
- along with a low-fat and low-cholesterol diet to lower high levels of triglycerides (fats) in adults.

It is not known if VASCEPA changes your risk of having inflammation of your pancreas (pancreatitis).

It is not known if VASCEPA is safe and effective in children.

**Do not take VASCEPA if you** are allergic to icosapent ethyl or any of the ingredients in VASCEPA. See the end of this leaflet for a complete list of ingredients in VASCEPA.

#### **Before taking VASCEPA, tell your doctor about all of your medical conditions, including if you:**

- have diabetes.
- have a low thyroid problem (hypothyroidism).
- have a liver problem.
- have a pancreas problem.
- are allergic to fish or shellfish. It is not known if people who are allergic to fish or shellfish are also allergic to VASCEPA.
- are pregnant, or planning to become pregnant. It is not known if VASCEPA will harm your unborn baby.
- are breastfeeding or plan to breastfeed. VASCEPA can pass into your breast milk, and may harm your baby. Talk to your doctor about the best way to feed your baby if you take VASCEPA.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and dietary or herbal supplements.

VASCEPA can interact with certain other medicines that you are taking. Especially tell your doctor if you take medicines that affect your blood clotting (anticoagulants or blood thinners).

#### **How should I take VASCEPA?**

- Take VASCEPA exactly as your doctor tells you to take it.
- Do not change your dose or stop taking VASCEPA without talking to your doctor.
- Do not take more capsules than what is prescribed by your doctor.
  - If you are prescribed the 0.5 gram capsules, you should not take more than 8 capsules each day with food.
  - If you are prescribed the 1 gram capsules, you should not take more than 4 capsules each day with food.
- Take VASCEPA capsules whole. Do not break, crush, dissolve, or chew VASCEPA capsules before swallowing.
- If you miss a dose of VASCEPA, take it as soon as you remember. However, if you miss one day of VASCEPA, do not double your dose when you take it.
- Your doctor may start you on a diet that is low in saturated fat, cholesterol, carbohydrates, and low in added sugars before giving you VASCEPA. Stay on this diet while taking VASCEPA.
- Your doctor may do blood tests to check your triglyceride and other lipid levels while you take VASCEPA.

#### **What are the possible side effects of VASCEPA?**

##### **VASCEPA may cause serious side effects, including:**

- **Heart rhythm problems (atrial fibrillation and atrial flutter).** Heart rhythm problems which can be serious and cause hospitalization have happened in people who take VASCEPA, especially in people who have heart (cardiovascular) disease or diabetes with a risk factor for heart (cardiovascular) disease, or who have had heart rhythm problems in the past. Tell your doctor if you get any symptoms of heart rhythm problems such as feeling as if your heart is beating fast and irregular, lightheadedness, dizziness, shortness of breath, chest discomfort, or you faint.
- **Possible allergic reactions if you are allergic to fish or shellfish.** Stop taking VASCEPA and tell your doctor right away or get emergency medical help if you have any signs or symptoms of an allergic reaction.
- **Bleeding.** Serious bleeding can happen in people who take VASCEPA. Your risk of bleeding may increase if you are also taking a blood thinner medicine.

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The most common side effects of VASCEPA include:

- Muscle and joint pain
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- Heart rhythm problems (atrial fibrillation)

These are not all the possible side effects of VASCEPA. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### **How should I store VASCEPA?**

- Store VASCEPA at room temperature between 68° to 77° F (20° to 25° C).
- Safely throw away medicine that is out of date or no longer needed.

#### **Keep VASCEPA and all medicine out of the reach of children.**

#### **General information about the safe and effective use of VASCEPA.**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use VASCEPA for a condition for which it was not prescribed. Do not give VASCEPA to other people, even if they have the same symptoms that you have. It may harm them. You can ask your pharmacist or healthcare provider for information about VASCEPA that is written for health professionals.

#### **What are the ingredients in VASCEPA?**

**Active ingredient:** icosapent ethyl

**Inactive ingredients:** tocopherol, gelatin, glycerin, maltitol, sorbitol, and purified water

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Manufactured for: Amarin Pharmaceuticals Ireland Limited Dublin, Ireland +1-855-VASCEPA (+1-855-827-2372) [www.vascepa.com](http://www.vascepa.com)

For more information, go to [www.vascepa.com](http://www.vascepa.com) or call 1-855-VASCEPA (1-855-827-2372).

This Patient Information has been approved by the U.S. Food and Drug Administration.

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**Vascepa**<sup>®</sup>  
(icosapent ethyl)

